ROCK RESOURCES INC.

(the "Company")

82-4504

NEWS RELEASE

02 JUL -2 MIS: 30

June 21, 2002



<u>Incentive Stock Options:</u> Rock Resources Inc. (the "Company") would like to announce that, subject to the approval of the TSX Venture Exchange, it has granted Incentive Stock Options in the amount of 510,000 shares, exercisable on or before June 21, 2003 at a price of \$0.75 per share. There is a 4 month hold period on approved stock options.

On behalf of the Board of Directors:

"Thomas J. Kennedy"

Thomas J. Kennedy President SUPPL

This news release shall not constitute an offer to sell or the solicitation of an offer to buy the securities in any jurisdiction. The securities of the corporation have not been and will not be registered under the U.S. Securities Act, 1933, as amended, and subject to certain exemptions may not be offered or sold in the United States or to U.S. persons. The Canadian Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.

TSX RCK

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